

Understanding Dementia:
A challenging journey

Join us to learn more about dementia and helpful resources.

Participants will:

- Understand dementia and how it progresses from early to advanced stages.
- Learn to develop strategies to make and maintain meaningful connections with the person with dementia.
- Further value the caregiver role and explore ways to reduce stress.

Speaker: Maribeth Gallagher, DNP, FAAN



Dr. Gallagher directs Hospice of the Valley's Dementia Program, which has received national and international awards for its innovative approaches to dementia care. She is a psychiatric nurse practitioner with a doctoral degree in nursing. Her commitment to improving dementia care was initially inspired by her own experience as a family caregiver, sharing the journey with her loved one from diagnosis to death.

Saturday, January 30, 2027

Registration: 8:30 a.m. • Program: 9 a.m.–11 a.m.
Snacks will be provided at this no–cost event.

Holland Community Center

34250 N. 60th St.
Scottsdale, AZ 85266

RSVP

events3@hov.org or (602) 636-5391

Foothills CaringCORPS

THE HOLLAND CENTER

HOSPICE of the VALLEY

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