

## Let's Gather – *together*

Sometimes, you just need to talk to someone who truly understands.

Living with Mild Cognitive Impairment (MCI) can bring a whirlwind of emotions and lifestyle changes — our innovative program gives people with MCI an outlet to work through them.

**Gather** is a welcoming, peer-led support group for people diagnosed with MCI. Based on successful programs emerging in Europe, the support group is facilitated by the members themselves. It's a place to connect with others who get what you're going through and a chance to navigate this journey together. It's offered at no cost.

- When: Meets 1st and 3rd Wednesday of the Month, from 2–3 p.m.
- Where: Dementia Care and Education Campus, 3811 N. 44th St., Phoenix, AZ 85018
- Info: Registration is not required but is highly encouraged. Call us at (602) 767-8300.

*Care partners, you're welcome to join a different support group that meets on campus at the same time.* 



3811 N. 44th St. Phoenix, AZ 85018 (602) 767-8300 **dementiacampus.org** An innovation of Hospice of the Valley