



Virtual Workshop

Dementia Moments

Tuesday, March 25 • 10–11 a.m.

Join Zoom Meeting

<https://hov.zoom.us/j/85907264022?pwd=7NAvs4mLbFbteZ3xPyDI0b8faw4RZ4.1>

Meeting ID 859 0726 4022

Passcode 327412

Presenter

Belinda Ordoñez, MSN, APRN, FNP-BC, CHPN
Dementia Program Nurse Practitioner

Belinda has nearly 30 years of experience in the care of advanced illnesses in the settings of palliative care, hospice care and geriatrics. She is passionate about quality of life and loves the concept of empowering through education.

The interactive **Virtual Dementia Moments** workshop is designed to foster empathy for individuals living with Alzheimer's or other dementias and help people better understand the disease. Participants are immersed in scenarios that simulate the cognitive and sensory challenges often faced by those with dementia.

Rather than replicating the condition itself, the workshop focuses on helping participants experience the emotional impact of navigating everyday situations with distorted perception and processing difficulties. As they engage in the scenarios, they are encouraged to reflect on what they observe and actively participate in the simulation.

The session is followed by a guided discussion, where participants share their thoughts, explore what might have eased the challenges presented, and learn practical strategies to support and reduce distress for people living with dementia.



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