



Understanding Dementia: A challenging journey

Join us to learn more about
dementia and helpful resources.

Participants will:

- Understand dementia and how it progresses from early to advanced stages.
- Learn to develop strategies to make and maintain meaningful connections with the person with dementia.
- Further value the caregiver role and explore ways to reduce stress.

Speaker: Maribeth Gallagher, DNP, FAAN

Dr. Gallagher directs Hospice of the Valley's Dementia Program, which has received national and international awards for its innovative approaches to dementia care. She is a psychiatric nurse practitioner with a doctoral degree in nursing. Her commitment to improving dementia care was initially inspired by her own experience as a family caregiver, sharing the journey with her loved one from diagnosis to death.



Wednesday, Jan. 22, 2025

Registration: 8:30 a.m. • Program: 9 a.m.–Noon

Continental breakfast and snacks will be provided at this no-cost event.

The Grand

Havasupai/Maricopa Room (located in the Chaparral Center near The Grand Café)
19781 N. Remington Dr.
Surprise, AZ 85374

RSVP

Events2@hov.org or (602) 636-5396



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