



Know Better, Do Better

Weekly workshops in dementia care

We are excited to offer dementia education to help family caregivers and our whole community navigate the challenges of the dementia journey. **There is no cost, but registration is required** for each session you would like to attend in **February**.

Thursday, Feb. 2

10–11:15 a.m.

What are the Most Common Types of Dementia?

This presentation provides an overview of dementia and describes the most common types and symptoms.

Speaker: Maribeth Gallagher, DNP, PMHNP-BC, FAAN
Dementia Program Director

Thursday, Feb. 16

10–11:15 a.m.

Engaging Informal Support Systems on the Dementia Journey

Come learn how to activate family, friends and community to join you in caring for your person with dementia.

Speaker: Kobie Chapman, MSW
Dementia Educator

Thursday, Feb. 9

10–11:15 a.m.

Ask the NP with Belinda Ordonez

Spend an hour with our Dementia Nurse Practitioner as she answers questions about behavioral expressions, sleep issues, communication challenges, common medications to avoid and much more.

Speaker: Belinda Ordonez, MSN, FNP-BC
Dementia Nurse Practitioner

Thursday, Feb. 23

10–11:15 a.m.

Meaningful Engagement

Discover person-centered approaches to meaningfully connect with the person living with dementia using sensory and spiritual strategies that can optimize quality of life.

Speaker: Maribeth Gallagher, DNP, PMHNP-BC, FAAN
Dementia Program Director

Dementia Care and Education Campus

3811 N. 44th St., Phoenix, AZ 85018

dementiacampus.org



*Activities for your person living with dementia
may be available while you attend any of these events.
Please contact us, if needed.*

For questions or to register,
email events@dementiacampus.org
or call **(602) 767-8300**



**DEMENTIA CARE
and EDUCATION
CAMPUS**

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