

Adult Day Club

*Specially designed for people living with Alzheimer's disease
and other dementias*



*Now
Open!*

The Adult Day Club at the Dementia Care and Education Campus helps families enrich the care of loved ones living with dementia. Adult Day members experience a variety of stimulating programs, tailored to their interests and designed to create cognitive engagement — whether it's painting, dancing, music or exercise. By exploring each person's unique potential, we have the opportunity to touch hearts and create meaningful moments of joy!

Programs:

- Art (painting, clay, woodworking, tactile projects)
- Music (listening, dancing and creating)
- Movement (yoga, stretching, courtyard strolls, wheelchair swing)
- Education (nature, music, culture)

Services:

- Lunch and snacks provided
- Personal care
- Social worker and nurse on campus

Membership Options:

- Tuesday and Thursday
- Monday, Wednesday and Friday
- Monday, Tuesday, Wednesday, Thursday, Friday

To learn more, call **(602) 767-8330** or email adultday@dementiacampus.org



**DEMENTIA CARE
and EDUCATION
CAMPUS**

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An innovation of Hospice of the Valley